

Webinar on

Emotional Intelligence For Effective Working Relationships

Learning Objectives

Being able to recognize and identify your emotions and apply skills that will help you to manage emotionally charged work situations.

This webinar will help you identify the practical steps you can take to recognize the 12 signs of emotional intelligence and help you to develop your emotional intelligence.

Introduction to EI-

- o Recognize behaviors associated with emotional intelligence*
- o The 12 signs of being emotionally intelligent*

What is emotion? and How does “Emotional Hijacking” take place?

Self-Management

- o How to take advantage of the power of optimism?
- o How to manage your anger effectively?

Self-Motivation-How to motivate yourself?

Empathy-How to have empathic communication with others?

Social Awareness-How to have effective group interactions?-How to listen positively?



This webinar will help you identify the practical steps you can take to recognize the 12 signs of emotional intelligence and help you to develop your emotional intelligence.

PRESENTED BY:

Margie Faulk, PHR, SHRM-CP, HR Compliance Solutions, LLC- Compliance Advisor, is a senior-level human resources professional with over 14 years of HR management and compliance experience. A current Compliance Officer for HR Compliance Solutions, Margie has worked as an HR and Compliance advisor for major corporations and small businesses in the small, large, private, public and non-profit sectors

On-Demand Webinar

Duration : 60 Minutes

Price: \$200

Webinar Description

Emotional Intelligence refers to your ability to recognize and manage your own emotions, recognize and respond to the emotions of others and build effective relationships at work. Developing self-awareness promotes increased productivity and higher job satisfaction. These changes can also lead to improved communication, increased empathy and better interpersonal rapport and relationships.

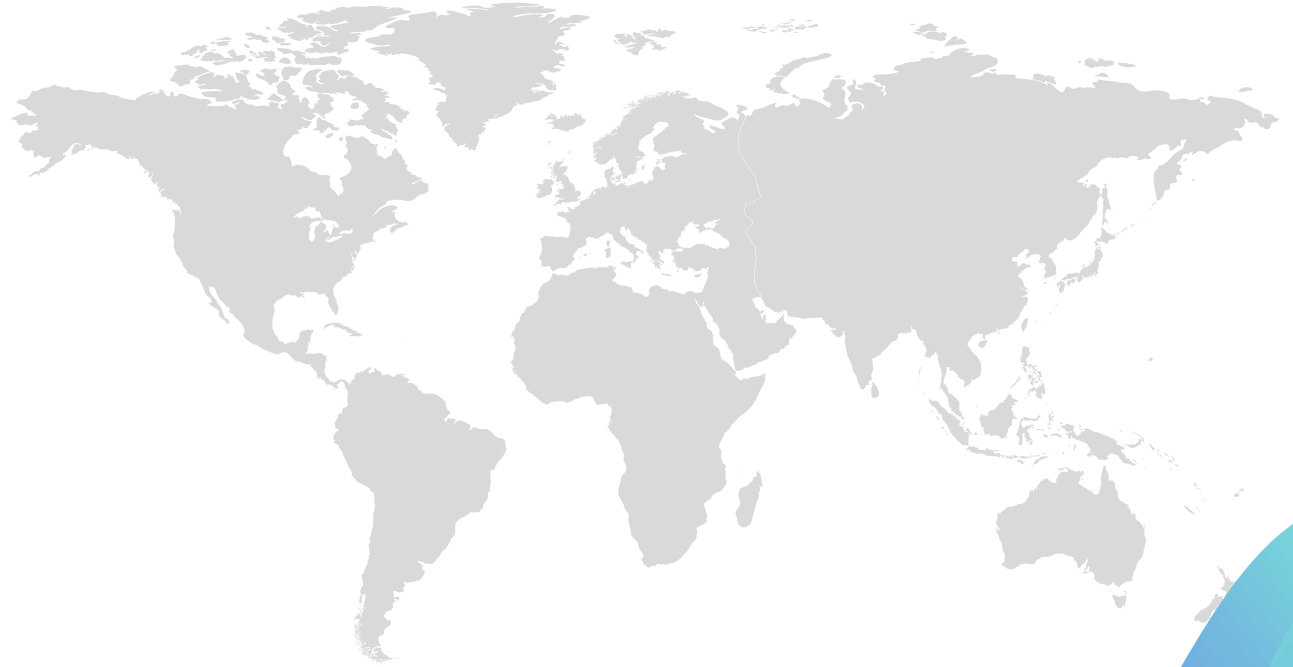
Using practical applications of emotional intelligence concepts you will learn how to connect better with others, manage your stress and discovers the triggers that set you off.

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Who Should Attend ?

Anyone who wants to maximize their business relationships for continued success by increasing their self-awareness and emotional management through emotional intelligence skills.



To register please visit:

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